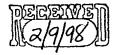


600 East Quality Drive . American Fork, Utah 84003

(801) 763-0700 . FAX: (801) 763-0789

TOLL FREE: 800 HERBALS (437-2257)

www.naturesherbs.com



February 3, 1998

Office of Special Nutritionals (HFS-450)
Center for Food Safety & Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D.C. 20204

Dear Sir or Madam

This letter will serve as a 30-day notification, pursuant to 403(r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Product manufacturer: Nature's Herbs, 600 East Quality Drive, American Fork, UT 84003

Nutritional support claim being made: Nutritional support for menopause.

Dietary supplement ingredient: Black Cohosn (Cimicifuga racemosa) Extract

Product brand and name: Spring Valley Black Cohosh Extract

As required, enclosed are two photocopies of this notification.

Sincerely

Stephen L. Welling

President

Enclosures

LET 1394 51063